



Tools For Action

A sample of physical education initiatives in Wisconsin

"Giddy Up Club"

Contact Information

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Title of Main Contact Physical Education Teacher
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School District Name Evansville Community School District
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Program Information

Program Name "Giddy Up Club"
Program Category Recess ideas that complement PE class
Grade Level Elementary School (3-5); Elementary School (K-2)
Assessment Method Impact on behavior (increase in active minutes or miles walked); Participation rates (number of students involved)

Program Information

Products Developed or Materials Used:

Program Description:

Walking program for students at recess. They record the number of miles they walk during recess and receive incentives along the way. (pencils, water bottles, key chains, t-shirts)

For information on other **Physical Education Best Practices**, visit the website at:

<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:

<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

<http://dhfs.wisconsin.gov/health/physicalactivity/>

or contact staff at:

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